



## The Freedom to Live a Satisfied Life

July 14, 2024 - Week Three

Philippians 4:11b-13

I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the **secret** of being **content** in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.

>> Sufficient and independent of external circumstances (What “**content**” means in Greek in previous verse)

>> I can be satisfied and content in whatever situation I’m in because what empowers me is not the things around me, but the God who is inside of me.

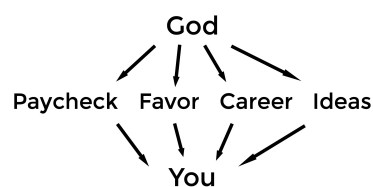
>> I trust who God says I am, not who my circumstances say I am.

Psalms 139:13-18

You made all the delicate, inner parts of my body and knit me together in my mother’s womb. Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it. You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb. You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed. How precious are your thoughts about me, O God. They cannot be numbered! I can’t even count them; they outnumber the grains of sand! And when I wake up, you are still with me!

>> I trust God as my provider, not my circumstances as my provider.

>> The means of my provision may be different, but the source is still the same.



>> I trust that God holds my future, not that my circumstances determine my future.

>> Be joyful and faithful wherever you are, and trust God with the weight of your future.

>> I can be satisfied and content in whatever situation I’m in because what empowers me is not the things around me, but the God who is inside of me.